

# Are you paying too much for your medication?



As consumers, we often price shop to get the best value for our dollar. But you may not realize that you can also compare prices for prescription medications. There are often many medications that treat a particular illness. The medications may be equally effective, but their costs can vary greatly. Here are some tips on how to save money on prescription medications by choosing medications that offer the same or better health value and cost less.

## Know Your Pharmacy Benefit

Prescription medications are categorized within three tiers on the Prescription Drug List (PDL). Each tier is assigned a cost, which is determined by your pharmacy benefit plan. Tier 1 medications offer you the lowest-cost option, while Tier 3 medications are your highest-cost options. Knowing which medications are in Tier 1 and Tier 2 will help you understand where you can save money.

- ▶ Go to **myuhc.com**<sup>®</sup> or call the toll-free phone number on the back of your health plan ID card to price medications.
- ▶ Check to see if using the mail order pharmacy will save you money on prescription medications you take on an ongoing basis.\*
- ▶ Talk to your doctor and pharmacist about identifying lower cost options.

## Consider Pharmacies That Offer Discounts on Generics

Some retail pharmacies offer very low prices on select generic drugs—often less than your usual member cost—and include commonly prescribed generic medications for several conditions such as diabetes, mental health, high blood pressure and infection (antibiotics).

- ▶ Ask your doctor if there is a generic alternative that is appropriate for you.
- ▶ Refer to the list on the back to see generic medications that are often included in retail generic discount programs.
- ▶ Check with your local pharmacy to see if it offers a discount on generic medications.

## Ask About Over-the-Counter (OTC) Alternatives

An OTC medication maybe the right treatment for some conditions. These medications are not covered under your pharmacy benefit, but they may cost less than your out-of-pocket expense for prescription medications.

- ▶ Ask your doctor or pharmacist if there is an OTC alternative available that is right for you.
- ▶ Check product and manufacturer websites for money saving coupons.

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\* Mail order benefit may not be available for all plans.

# Retail Pharmacy Generic Discount Programs<sup>1</sup>

Many retail pharmacies offer low prices on hundreds of generic medications. There are also many over-the-counter medications available. Check with your local pharmacy for details.

Not all generics are included in discount programs, and medications and discount amounts may vary by pharmacy.

## Allergies & Cold and Flu

Benzonatate 100mg  
Promethazine DM syrup

## Antibiotic Treatments

Amoxicillin  
Cephalexin  
Ciprofloxacin  
Doxycycline Hyclate  
Erythromycin EC  
Metronidazole  
Penicillin VK  
Sulfamethoxazole-Trimethoprim  
Tetracycline

## Arthritis & Pain

Allopurinol  
Cyclobenzaprine  
Dexamethasone  
Diclofenac DR  
Ibuprofen  
Meloxicam  
Naproxen  
Piroxicam 20mg

## Asthma

Albuterol syrup  
Albuterol nebulizer solution

## Cholesterol

Lovastatin  
Pravastatin

## Diabetes

Glimepiride  
Glipizide  
Glyburide  
Metformin  
Metformin ER

## Fungal Infections

Fluconazole  
Nystatin/Triamcin  
Nystatin

## Gastrointestinal Health

Dicyclomine  
Hyoscyamine  
Metoclopramide  
Promethazine  
Ranitidine

## Heart Health & Blood Pressure

Atenolol-Chlorthalidone  
Atenolol  
Benazepril  
Bisoprolol-HCTZ  
Carvedilol  
Clonidine  
Doxazosin  
Enalapril  
Furosemide  
Hydrochlorothiazide (HCTZ)  
Isosorbide Mononitrate ER  
Lisinopril-HCTZ  
Lisinopril  
Metoprolol Tartrate  
Propranolol

Spirolactone  
Triamterene-HCTZ  
Verapamil  
Warfarin

## Mental Health

Amitriptyline  
Buspirone  
Citalopram  
Doxepin HCL  
Fluoxetine  
Paroxetine  
Trazodone

## Skin Conditions

Hydrocortisone  
Triamcinolone

## Thyroid Conditions

Levothyroxine

## Viruses

Acyclovir

## Vitamins & Nutritional Health

Folic Acid  
Klor-Con  
Potassium Chloride

## Women's Health

Estradiol  
Medroxyprogesterone Acetate

## Other Medical Conditions

Prednisone

Always speak with your doctor first. While many medications may treat the same condition, some may be more appropriate for you than others. You and your doctor make decisions about your health care, including decisions about the medications you should use.

1. Some pharmacies may require you to enroll and pay a fee to participate in their generic program.

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